

# ethos.

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# MENU

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## BREAKFAST & LUNCH

### Eggs on Toast \$ 15.00

Poached, scrambled or fried, w/ butter on toast of your choice.

### Big Breakfast \$ 27.00

Eggs of your choice, bacon, hash browns, kranskys, roast mushrooms, roast tomato on toast of your choice.

### Veggie Breakfast \$ 24.00


Tofu scramble or eggs of your choice, sauteed spinach, grilled tomato, hash browns, roast mushroom on toast of your choice.

### Potato Rosti Benedict \$ 21.00

Sauteed spinach on two potato rosti's w/ poaced eggs, and hollandaise.

### Creamy Mushrooms \$ 19.00

Sauteed mushrooms in white wine cream sauce w/ chives, served on toast of your choice.

Swap for cream for coconut cream. 

### Omelette \$ 18.00

Fluffy egg omelette with your choice of two of the following: Bacon, Tomato, Cheese, Onion, Ham or Mushroom. Add extra filling for \$3.00 each.

### Roast of the Week \$ 19.50

Roast meat served w/ crispy potatoes, kumara, pumpkin, peas & gravy.

## OUR SPECIALTY

### House BBQ Fried Chicken \$ 12.00

Served w/ Garlic Aioli  
Single Portion (5 pieces) \$12.00  
Sharing Portion (12 pieces) \$24.00

### Tacos each \$ 9.00

1) Crumbed fish, soft-shell taco, coleslaw, tartare sauce & slice of lemon.  
2) BBQ Fried Chicken, soft-shell taco, coleslaw, garlic aioli, barbeque sauce & fried shallots.

### Chips 'N' Gravy \$ 16.00

Large bowl of fries, topped with cheese and smothered in gravy.

### Fries \$ 8.00


Served w/ house made aioli and/or tomato sauce.  
Add chicken salt on request.  
small \$8.00  
large \$12.00

### Toastie \$ 14.00

Choose two of the following: Ham, cheese, pineapple, tomato, red onion.  
Add extra filling for \$3.00 each.

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## OPTIONS

 **Gluten-Free Option**  
Gluten-free option available on this item

 **Vegetarian**

 **Vegan**

## EXTRAS

Eggs \$ 4.00  
Bacon \$ 6.00  
Smoked Salmon \$ 6.00  
Roast Mushrooms \$ 6.00  
Hash Browns \$ 6.00

## BREAD OPTIONS

Volare Grain  
Volare Ciabatta  
Keto +\$ 1.00  
Gluten-Free +\$ 1.00

**PLEASE PLACE YOUR ORDER AT THE COUNTER WHEN YOU ARE READY**

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## RĀRANGI KAI

### PARAKUIHI / TINA

#### Hēki i runga Tōhi \$ 15.00

He hēki kōhua, parai, kōmirimiri rānei, i runga i te paraoa tōhi o tō hiahia.

#### Parakuihi Nui \$ 27.00

Tō tiwhiritanga o ngā hēki, ā, he poukena, rīwai parauri, he tōtiti, he harore, he tōmato, i runga i te paraoa tōhi o tō hiahia.

#### Parakuihi Hua Whenua \$ 24.00

Tōwhū, hēki (kei ā koe te tikanga) rānei. He rengamutu, he tōmato, he rīwai parauri, he harore, i runga i te paraoa tōhi o tō hiahia.

#### Penetiki Rīwai Parauri \$ 21.00

He rengamutu i runga i ngā rīwai parauri e rua. He hēki kōhua hoki, me te kīnaki penetiki.

#### Kīrimi Harore \$ 19.00

Kua tunu ēnei harore ki roto i te waina mā kīnaki kīrimi, i runga i te paraoa tōhi o tō hiahia.

Tini i te kīrimi mīraka mō te kīrimi kokonati. 

#### Omareta \$ 18.00

He hēki omareta me ngā kōwhiritanga e rua: Poukena, Tōmato, Tīhi, Aniana, Poaka Whakapaoa, Harore. Tāpiri he kai o roto mō te \$3.00 āno.

#### Parahunu \$ 19.50

He mīti parahunu, he rīwai, kūmara, poukena, pī me te wairanu.

### NGĀ TINO KAI

#### Rumaki Parai Heiheī \$ 12.00

Mahora i te Garlic Aioli  
Single Portion (5 pieces) \$12.00  
Sharing Portion (12 pieces) \$24.00

#### Tako each \$ 9.00

1) He ika kongakonga, he tako newanewa,  
2) Rumaki Parai Heiheī, he tako newanewa, he huamata waru, garlic aioli, he kīnaki barbeque.

#### Tipi 'I' Wairanu \$ 16.00

He tītipi i te oko nui, he tīhi me te wairanu.


#### Tītipi \$ 8.00

Kua hora i te kīnaki aioli me te kīnaki tomato.  
Tāpiri i te tote heihei ina hiahia.  
iti \$8.00  
nui \$12.00


#### Hanawiti Tōhi \$ 14.00

Tīwhiri kia rua: Poaka whakapaoa, tīhi, paniāporo, tomato, āniana whero.  
Tāpiri he mea anō mō te \$3.00.

### KŌWHIRITIA

 **Kurutene Kore**  
Gluten-free option available on this item

 **Kaimanga**

 **Karohuarehe**

### HEI TĀPIRI

Hēki \$ 4.00  
Poukena \$ 6.00  
Hāmana Whakapaoa \$ 6.00  
Harore \$ 6.00  
Rīwai Parauri \$ 6.00

### PARAOA

Volare Tōpata  
Volare Tiapata  
Warowaihā kore +\$ 1.00  
Kurutene kore +\$ 1.00

TĒNĀ KOA, I TE WĀ E RITE ANA, TUKU MAI TŌ TONO KAI KI TE PAE UTU

whai mai ia @ethoshamilton ki runga ia pukamata, ia paeāhua hoki